

Community Health Partnerships Presents: Humor Training

We've all heard that "laughter is the best medicine," but how do you use humor intentionally for wellness? This workshop is designed to help you find out more about the therapeutic use of humor for work and fun! You don't have to be funny to come to this workshop. Just be ready to SEE funny, as we open our eyes to the ways humor and laughter can be integrated into work and play. This will be an interactive session; we welcome you to try humor and see where it fits for YOU!



Dates



August 12, 2022 9:00 AM-10:00 AM EST

<https://go.iu.edu/4iPd>



August 22, 2022 3:00 PM-4:00 PM EST

<https://go.iu.edu/4iPe>

